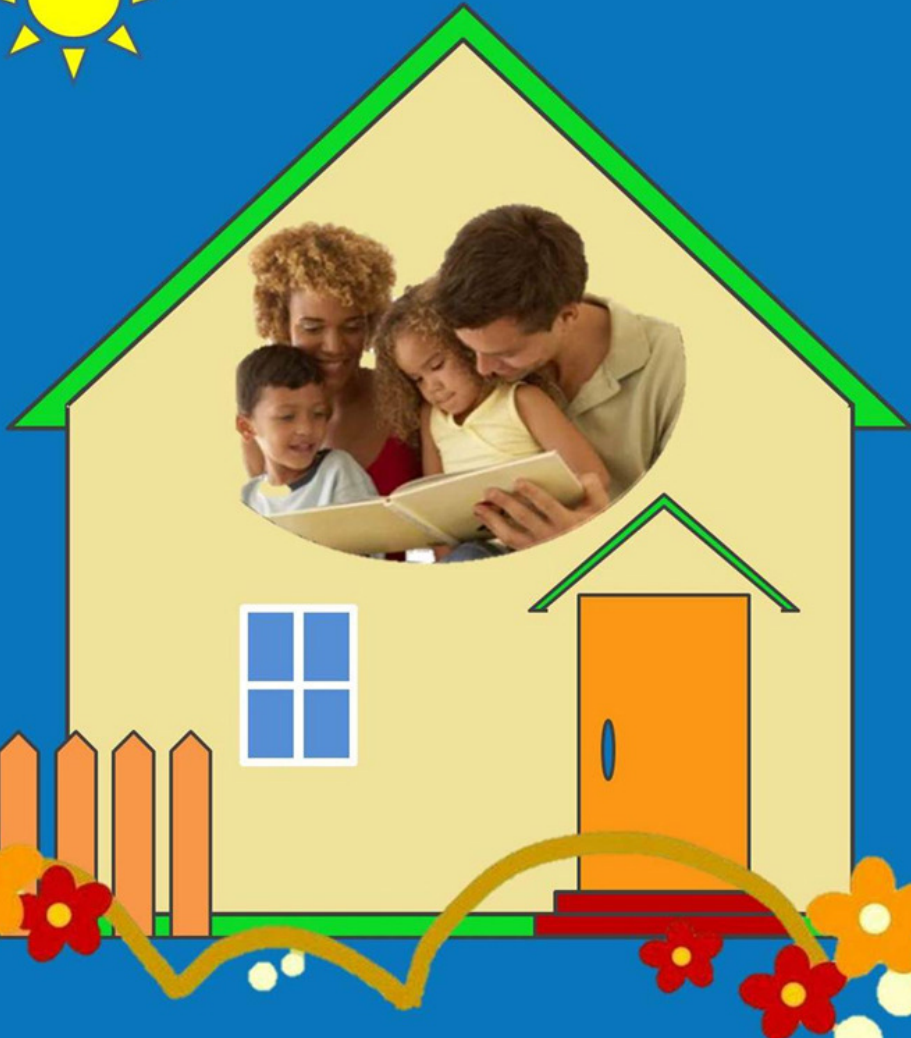


A Paul J. Meyer Family Program

# Successful Parenting



# Successful Parenting

*For parents of children from birth through teens.*

Whether you're a new parent or raising a teenager, this program is for you! Successful Parenting presents tried-and-true strategies for life's most challenging role. Parents learn how to design a program for family success...and then make it happen! The program consists of 12 power-packed lessons and a Parenting Plan of Action

## Foundation for Successful Parenting

*Basic Principles for Success as a Parent  
The Rewards of Successful Parenting  
Compatibility  
Modeling  
Consistency  
Relationship*

## Planning Your Children's Education

*Where Educational Planning Begins  
Giving Proper Emphasis to Education  
Matching Schools and Children  
Planning for Financial Needs*

## Setting Family Goals

*The Need for Goal Setting in Families  
Five Success Essentials  
The Goal-Setting Process*

## Providing Social Skills for Your Children

*The Need for Social Skills  
Teaching Acceptable Manners  
Providing Opportunities for Practice  
Planning for Financial Needs*

## Building Your Children's Positive Self-Esteem

*The Importance of Self-Esteem  
Opportunities to Achieve  
Positive Recognition and Feedback  
Unconditional Love  
Positive Expectancy*

## Teaching Good Work Habits

*Modeling Good Work Habits  
Structuring Time  
Teaching time Management  
Overcoming Obstacles*

## Teaching Personal Responsibility

*Parents and Discipline  
Obedience: the Basis of Learning and Love  
Predicting and Accepting Consequences*

## Helping Children Build Relationships

*The Need for Relationships  
Relationships with Parents  
Relationships with Other Adults  
Relationships with Peers  
Teaching about Relationships*

## Helping Children Develop a Positive Value System

*The Need for a Value System  
Modeling Desired Values  
Direct Teaching of Values  
Opportunities for Decision Making*

## Communicating with Your Children

*The Need for Two-Way Communication  
Listening Skills  
Telling Skills  
Opportunities for Communication  
Understanding the Child's Point of View*

## Developing Your Children's Potential

*Recognising Potential  
Curiosity and Creativity  
Exploring Possibilities  
Teaching Goal Setting*

## Growing with Your Children

*Changing Relationships as Children Grow  
Remaining Friends with Your Children  
Being Part of an Extended Family  
Setting an Example for Continued Personal Growth  
Positive Expectancy for the Future*



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Available at Authorised LMI and IBB Global Retail Outlets

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