



## About the Facilitator

### Roger Calliste

Roger has been teaching meditation and allied spiritual disciplines for the past twenty-five years. He has been instrumental through the media of workshops, presentations and one-to-one personal consultations in helping persons to attain greater self-awareness.

Roger is the Director of Studies of the House of the Ibis, an organisation dedicated to the harmonious integration of the knowledge and teachings of contemporary living with the ancient wisdom of the world's spiritual traditions. His main areas of interest include the Kabbalah and Ancient Egypt, a member of the Egypt Exploration Society in London. His interest in ancient Egypt has allowed him to assist in guided tours to these sacred sites helping those who visit in evoking the mystery of this ancient land.

He has presented at international conferences in the UK and has given talks in the United States.

Roger holds two science degrees from the University of the West Indies and is currently pursuing post-graduate qualifications in Psychotherapy at the University of East London. No stranger to the corporate world, he has worked at senior executive levels in various industries including Pharmaceuticals, Environmental Science and Management.

He brings his understanding of the nobility of the human spirit and his belief in the virtue of living the true and authentic life to his work, and through his own journey helps others in finding their own path.

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Trinidad, W.I



**Roger's Core Competencies include:**

- Effective Communication
- Egyptology
- Psychosynthesis Counselling
- Mindfulness-based Stress Reduction & Cognitive Behaviour Therapy
- Authentic Leadership Development

Roger's promise to his clients is to provide a high quality service for their professional and personal development, as well as to foster a trustworthy relationship which would help them to nurture their true potential.

In his spare time he enjoys world travel to sacred places, jogging, hiking and numerous visits to the seaside.

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